



અંકુર ગુજરાતી સમાજ Ankur Gujarati Samaj Inc.

Ankur Newsletter, October 2011



2011 Operating Committee

President

Bharti Noticewala 563-2007

Vice President

Rajal Bhutta 791-0362

Secretary

Bhadra Parikh 489-1094

Treasurer

Amisha Doshi 339-0903

Cultural Director

Kamini Jain 769-7964

Youth Director

Jyoti Mehta 793-7349

Chief Editor

Shalvi Desai 544-7513

Membership

Amisha Doshi 339-0903

Building Rental Manager

Devas Desai 307-0185

2011 Board of Trustees

Chairperson

Nayana Trivedi 777-9670

Secretary

Open Position

Treasurer

Rasila Parikh 247-9404

Member

Taruna Damani 779-4898

Member

Dorothy Joshi 489-1077

Web Designer

Jolly Purani 673-9338

Great community events

Thanks to everyone who came to Ankur to celebrate Navratri and Sharad Purnima. There was a great turnout and everyone had a great time doing garba and raas. Delicious bhelpuri, batatawada ghari, duhd-poha and other sweets were enjoyed by Ankur members.

Diwali Program

Be sure to buy your tickets for our annual Diwali Program at Mason High School on Nov 5th.

****Tickets are available from Anami Patel****

Program:

5-6 PM	Diwali snacks & social hour
6-8 PM	Dinner (pizza available for kids)
8 PM	Program

2011 Ankur Events

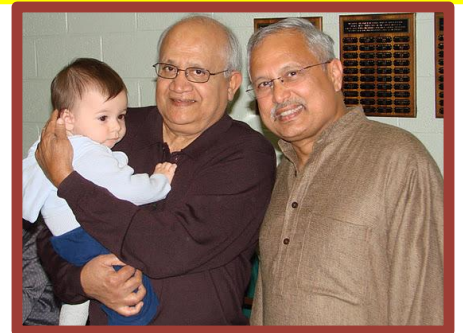
Please note Ankur events for 2011 in your calendars! Diwali events will be scheduled in coordination with the temple.

November

Diwali Show 11/5

December

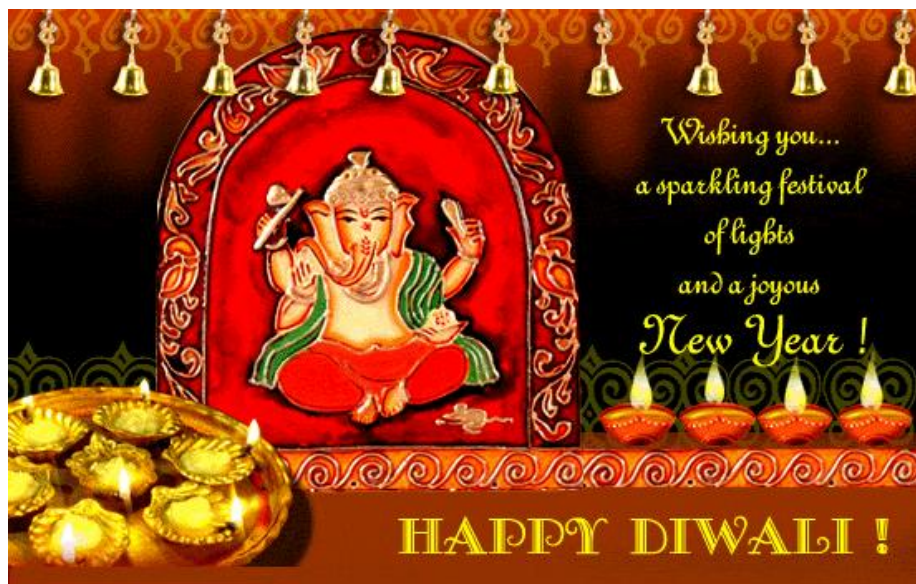
AGB meeting 12/16



Navratri 2011
family, food
garba, good friends

X Navratri

Thanks to all the sponsors for providing flowers, dinner and prasad at this year's Navratri event. Many Ankur members attended the dasera havan and sharad purnima dinner with friends and family.



A nomination committee has been formed to select candidates for 2012 Ankur Operating Committee. Bharti Noticewala, Suren Hegde and Nayana Trivedi will be working together to select nominees for 2012.

There will be an Ankur General Body meeting Dec 16th at 7 PM. The meeting will be held at Ankur, for questions please call Bharti Noticewala at 563-2007.



Gujarati Book Exchange

Have any new/gently used Gujarati books around the house? Donate them to Ankur for others to use, while finding some new books for yourself. Place all books on the back wall below the Fogana pictures. Only Gujarati books are needed, you can take any other books to Half Price Books or Goodwill.



Ankur Activities



Yoga

Monday Session:

September 12th – October 31st (8 sessions/\$27)

Weekly – Monday 6:30 - 8:00 pm

Taught by Herman Ranpuria

Seasoned yogis, beginners, and everyone in between are encouraged to come and learn the benefits of yoga, such as increased flexibility, strength, fitness, circulation and concentration, and reduced stress. Let us all commit to regular yoga exercises and determine to improve and remain healthy throughout the year. Please encourage your spouses, children, friends, and family members to join yoga. Come experience the benefits of yoga! If you have any questions, please contact Jyoti Mehta at 518-0677.

- **Session:** 2 months, 8-9 classes per session
- **Cost:**
 - **Full Session:** Ankur Membership (\$35/yr) + \$27 per session (non-refundable)
 - **Single Class:**
 - Members: \$4/class, Non-members: \$5/class
 - **Children of Ankur members (18 and under):** \$3/class

Please bring your own yoga mat



Bridge

Weekly – Wednesday 6:45 - 10:30 pm

Weekly bridge games have great turn-out, come and enjoy this game Wednesday nights at Ankur. Players should arrive at 6:45 so everyone can help set up tables and equipment downstairs. The aim is to be seated with partners by 6:50 so play can begin. A prompt start is to achieve a timely finish. All bridge players are invited to come, play and have fun. Please contact Hari or Rekha Budev at 793-5951 or Bhupen Joshi at 489-1077 for more information.



Pranayama

Weekly – Wednesday from 7-8 PM

Pranayama (breath control) is the deep breathing technique of yoga that works wonders in increasing physical and psychological performance. In Sanskrit, Prana means energy or vital force and yama means control. So, in English, this would translate into control of the vital breath. Pranayama essentially involves three things: regulating the breath, controlling the vital force, and channelizing the Pranas in the right directions. Come and try this spiritual experience. For more information contact Jyoti Hegde at jhegde9030@hotmail.com.



Book Club

Monthly – December 7, 2 PM

The Book Club will be meeting next in December at Saralaben's house to discuss the book Sarah's Key by Tatiana De Rosnay. For more information please contact Minal Patel at 234-0569.



Drop-In Center – Homeless Shelter

Monthly - Wednesday

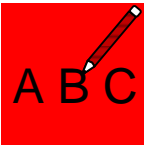
Volunteers take lunch to the Drop-In Center Shelter House the 2nd Wednesday of every month where lunch is served to over 150 homeless people in downtown Cincinnati. Volunteers share the duties of making spaghetti, salad and bringing bread, bananas, cookies or ice cream. Helping the less fortunate to receive a warm meal is a great cause and a perfect way for you to donate towards something charitable. If you have the time to help, please do. If not, a donation is also useful to buy items if you are not available. To contribute towards or help provide lunch dishes please contact Bharti Noticewala (563-2007) or Julie Desai (560-2232).



Senior Mixer Nights

Monthly – October 19th

Bring your senior family members to Silver Innings Seniors Mixers. This month's activity is in celebration of Diwali. For more information contact Jyoti Hegde at jhegde9030@hotmail.com.



Assistant to Teachers at Bond Hill Academy

As much time as desired

Volunteering opportunities are available as an “assistant to teacher” at Bond Hill Academy School. Complete flexibility as to how many hours per day/week/month you are willing to put in. No experience is required, the only requirement is a willingness and desire to help young kids from 1st grade onwards. Students interested in helping are also welcome to volunteer after school hours. To help these young students strive academically, contact Rajal Bhutta at 791-0362 or 673-7400 (cell), rajalbhatta@yahoo.com.



**Ankur Gujarati Samaj
And
The Hindu Society of Greater Cincinnati**

Invite you to celebrate

Diwali 2011

Saturday, November 5th
Social Hour and Dinner - 5:00 pm onwards
Cultural Program – 8:00 pm
Mason High School
6100 Mason-Montgomery Rd.
Mason, Ohio 45040, Warren County

Tickets go on Sale October 1st, 2011

Ticket Sales Contact:

Mr. Anami Patel (513) 745 - 9061
anamip@gmail.com

Mr. Kishu Parikh (859) 341 - 6844
Kirti_parikh@yahoo.com

Jyoti Desai (513) 885 - 1318
Desaijyoti12@yahoo.com

Tickets: \$22.00 per person

Includes Dinner and One Assigned Seat for the Program

Children under 5 years of age will have dinner for free, but will not have an assigned seat.

The Diwali Function has been sold-out in the past, so buy your tickets soon!
Tickets are available by phone, email, and at Ankur, or Hindu Temple on Sundays.

Come and Enjoy the Festival of Lights !!!

Diwali Program Questions, Contact Cultural Director:

Kamini Jain at 513.769.7964

Please make all checks payable to “Ankur Gujarati Samaj”