



Ankur Newsletter – February 2014

PRAYA CULTURAL ARTS PROUDLY PRESENTS
Famous Television - Serial 'Khichdi' & 'Baa Bahu Aur Baby' Fame
Kamlesh Oza

AWARD WINNING Gujarati COMEDY PLAY

★★★★★
THE CRAZIEST COMEDY EVER

★★★★★
A FAMILY LAUGHTER RIOT

કમલેશ ઓઝા
રૂપાંતરિત-દિગ્દર્શિત-અભિનિત

2 IDIOTS
એક મસ્તીભરી મેરેજ સ્ટોરી !

★ Bhakti Rathod, Dimple Ashar, Jitendra Joshi
Samir Mehta, Smit Vora & Ninad Limaye

Leela Arts
Kiran Bhatt
Presents

Produced by
Gautam Joshi
Jitendra Joshi
Rrutu Oza

Original Writer:
Kshitij Patwardhan

Presented by
Ankur Gujarati Samaj

Award Winning Gujarati Comedy Play:

"2 IDIOTS"

DATE: Sunday, March 9th 2014

- **TIME: 6.30 pm**
- **VENUE: Raymond Walters, MUNTZ THEATER at UC Blue Ash 9555 Plainfield Rd., Blue Ash, OH 45236**
- **TICKET PRICE: \$50 & \$30 (Assigned seating)**

TICKET CONTACTS:

- Bharti Noticewala: 513 563 2007
- Julie Desai: 513 560 2232
- Sangeeta Desai: 513 874 1190
- Smita Patel: 513 259 4717

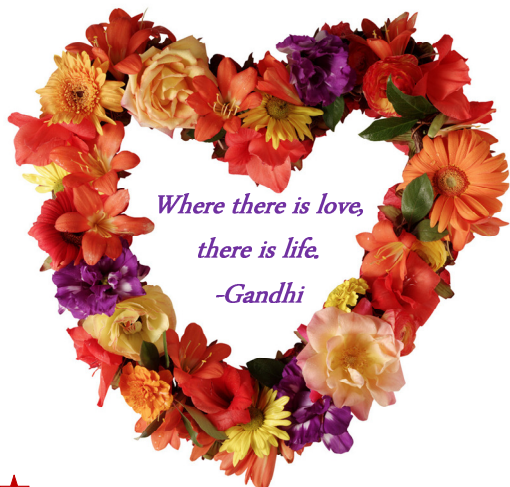
**BOOK
NOW!**

TICKET OUTLETS:

Bombay Grocers: 513 733 5050,
11965 Lebanon Rd, Cincinnati, OH 45241
Patel Brothers: 513 769 0400,
11985 Lebanon Rd, Cincinnati, OH 45241
Niva Grocers: 513 234 0888,
6182 Tylersville Rd, Mason, OH 45040

Adapted by celebrated actor director Kamlesh Oza from popular TV shows "Khichdi" and "Baa Bahu aur Baby". After presenting Siddharth Randeria's Gujjubhai series, Praya Cultural Arts is proud to present TV Fame Kamlesh Oza's award winning hilarious, Gujarati Play "2 IDIOTS" to U.S.A & Canada! 2 idiots has performed over 200 shows worldwide and has been getting rave reviews by critics, won several awards and after every show received standing ovations.

Please follow "2 Idiots" on <https://www.facebook.com/2idiotsagujjuplay>



2014 Ankur Annual Membership (January to December 2014) is now due.

Annual membership :

\$35 (Before March 31st 2014) **\$45** (After March 31st 2014)



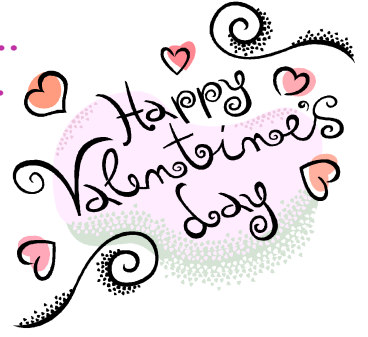
Life Membership: \$501



Please mail your Ankur membership check, payable to "Ankur Gujarati Samaj" and membership form (attached) to:
ANKUR, c/o Hema Shukla,
9502 Highland Avenue, Cincinnati, OH 45242
Please contact Hema Shukla at 513 232 6448 or
hema1993@aol.com for membership related questions.



*Spread love everywhere you go: First of all in your own house...
let no one ever come to you without leaving better and happier.
Be the living expression of God's kindness; kindness in your
face, kindness in your eyes, kindness in your smile,
kindness in your warm greeting.
-Mother Teresa*



WELCOME! 2014 Ankur

Youth & Cultural Directors:

Smita Patel & Nita Parikh

Editor/Web Designer: Julie Desai

Board of Trustees Treasurers:

Rasila Parikh & Vijay Parikh

Call out to the community!

*2014 Ankur Committee is being formed
now and few positions are still open.*

*Please step up, get involved and volunteer
to be part of 2014 Operating Committee
or Board of Trustees.*

*Please contact Bharti Noticewala
at bnoticewala@gmail.com or
513 563 2007 to sign up or for
further information.*

*What would you like added to Ankur community? Would you like to share a recipe, activity
idea, interesting article, uplifting words of wisdom etc. to Ankur newsletter, Facebook page
or website? Please email your ideas and suggestions to anknewsletter@gmail.com*





Ankur Activities

Monday Yoga With Herman Ranpuria Weekly – Monday, 6:30 - 8 PM

YOGA



Saturday Yoga With Dilruba Rahman Weekly – Saturday, 8:30 – 9:30 AM

January & February fees: Ankur Members \$35
Single class fees: Members \$5, Non Members \$6
Whole Year Session fees: Ankur Members \$170

January & February fees: Ankur Members \$25
Single class fees: Members \$4, Non Members \$5
Whole Year Session fees: Ankur members \$100

Please contact Jyoti Mehta at 518-0677 or
jjmweare@gmail.com for more information.

Please contact Dilruba Rahman at 513-519-0631
dilruba6120@gmail.com for more information.

2 month Yoga session: January & February

Please bring your own yoga mat

*Seasoned yogis as well as beginners are invited to attend **Ankur Yoga** taught by excellent certified Yoga instructors. Along with reducing stress, Yoga increases flexibility, strength, circulation and concentration.
Please join Ankur Yoga and commit to a healthy mind and body.*



BRIDGE Weekly – Wednesday 6:45 PM – 10:30 PM Bridge for beginners at Ankur.

Interested in learning Bridge? Come over to Ankur Bridge Club in a group of 4 players and Bhupen Joshi will teach the basics of this game for a nominal charge.

Anyone who enjoys **Bridge** is invited to come and play on Wednesday nights at ANKUR. Players should arrive at 6:45 PM so everyone can help set up tables and equipment downstairs. The aim is to be seated with partners by 6:50 PM so play can begin. A prompt start is to achieve a timely finish. All bridge players are invited to come, play, and have fun. Join us!
Please contact Hari or Rekha Budev at 793-5951 or Bhupen Joshi at 489-1077 for more information.



Ankur Book Club Monthly: Date to be announced

Ankur Book Club meets once a month at Ankur or Minal Patel's residence. Book club is led by Minal Patel and members enjoy reading and meeting for discussion an array of interesting books. Please contact Minal Patel at 234-0569 to join Ankur Book Club or for more information.

ANKUR thrives with on-going activities like Yoga, Bridge Club, Book Club, Silver Innings, Drop-In center lunch as well as youth events, social, religious and charitable events, thanks to a strong Ankur community. Your support and involvement is much appreciated.





Drop-In Center – Homeless Shelter Lunch

Monthly: Wednesday, February 12th 2014

(Second Wednesday every month)

For over 12 years, Ankur volunteers have quietly and consistently served at The Drop-In Center monthly lunch, traditional Thanksgiving meal, winter wear at Christmas as well as donations to those who are homeless in Cincinnati serving society and those in need.

A group of truly devoted Ankur volunteers donate, prepare and serve lunch to over 150 homeless people every month at The Drop-In Center which is Greater Cincinnati's largest homeless shelter, located in Over-the-Rhine

Thanks to these generous members of Ankur community led by Bharti Noticewala who donate funds, food items and time making these monthly lunches possible. A true spirit of charity!

To help serve lunch or donate food items or money, please contact Julie Desai 560-2232 or Bharti Noticewala 563-2007.

Red & Green Winter Soup

Ingredients:

1. 2 cups diced carrots
2. 1 table spoon minced fresh ginger
3. 4 cups water or vegetable stock
4. ½ cup masoor dal or favorite lentils
5. 1 tea spoon salt
6. 1 diced roasted red pepper
7. ½ tea spoon ground black pepper
8. 2 cups thinly chopped beet greens or spinach or kale or all three greens
9. 1/8 cup milk

Directions: Roast peppers: rub oil on one red pepper and put it under the broiler until blackened, turn to get all sides. Put into paper bag and seal. Let rest for 15 minutes, then peel will come right off and core and seeds will fall out. Dice pepper. Set aside.

In a large heavy based pot, add items 1 to 5. Cook on medium heat for 10 minutes till carrots and lentils are fully cooked. Add diced roasted red peppers. Take pot off the heat and liquidize mixture with hand blender. Stir well. Place pot back on the stove over medium heat, add the greens. Cook for further 5 minutes. Add milk and black pepper. **Stir well and serve hot.**



***This Valentine's Day,
make this heart healthy red
and green soup for loved
ones.***



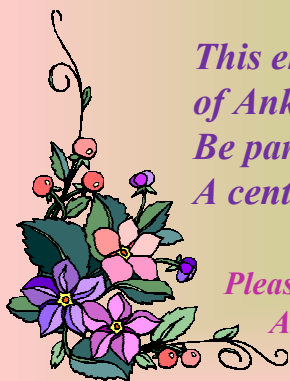
Numerous big hearted Ankur members gave voluntarily, their pledges, donations and support for Phase 2 of Ankur building renovation.

Many thanks to all the donors!

This endowment is a foundation for Phase 2; however for complete renovation of Ankur building, funds from the whole community are vital.

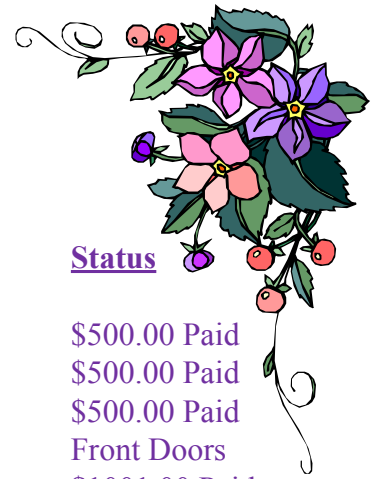
Be part of Ankur vision and transformation "A new modern Ankur building – A center for our community" and PLEASE DONATE GENEROUSLY!

Please mail donation check payable "Ankur Gujarati Samaj" to ANKUR, 9502 Highland Avenue, Cincinnati, OH 45242. Please contact Vijay Parikh at 733-0245 or Bharti Noticewala at 563-2007 if you have any questions.



Donor List for Phase 2 of Ankur Building Renovation.

(* tax receipts – mailed to donors)



<u>Name</u>	<u>Pledge</u>	<u>Status</u>
1. Bhutta, Pravin & Rajal – 137*	\$ 500.00	\$500.00 Paid
2. Budev, Chandu & Manju - 129	\$ 500.00	\$500.00 Paid
3. Budev, Hari & Rekha - 130	\$ 500.00	\$500.00 Paid
4. Budhdev, Sharad/Kiran & Arti -120	Front Doors	Front Doors
5. Desai, Abhijit & Julie, Gokli, Hansaben -135	\$1,001.00	\$1001.00 Paid
6. Desai, Shwetal & Sangita	\$500.00	\$500.00 Paid
7. Desai, Rajan & Shilpa - 101	\$ 501.00	\$501.00 Paid
8. Hegde, Suren & Jyoti -133	\$ 501.00	\$ 501.00 Paid
9. Hemani, Haresh & Geeta – 134	\$500.00	\$500.00 Paid
10. Joshi, Bhupen & Dorothy - 102	\$ 500.00	\$500.00 Paid
11. Karamchandani, Khush & Mina - 103	\$ 501.00	\$501.00 Paid
12. Mehta, Jayesh & Jyoti	\$ 500.00	
13. Mehta, Monal & Kausha -139	\$ 500.00	\$500.00 Paid
14. Mehta, Nalin & Ila - 104	\$ 501.00	\$501.00 Paid
15. Mehta, Arun & Sudha	\$ 500.00	
16. Noticewala, Natver & Bharti - 141	\$501.00	\$501.00 Paid
17. Noticewala, Chandrakant & Daksha - 123	\$501.00	\$501.00 Paid
18. Pai, Prakash & Sujata - 105	\$ 500.00	\$500.00 Paid
19. Parikh, Indravadan & Jyoti - 106	\$ 500.00	\$500.00 Paid
20. Parikh, Kishu & Kirti -126	\$ 500.00	\$500.00 Paid
21. Parikh, Narendra & Sarla - 107	\$ 151.00	\$151.00 Paid
22. Parikh, Tushar & Rasila - 108	\$ 101.00	\$101.00 Paid
23. Parikh, Vijay & Asha - 109	\$ 500.00	\$501.00 Paid
24. Patel, Dilesh & Neeta - 110	\$ 500.00	\$500.00 Paid
25. Patel, Hiten & Rupal -142	\$150.00	\$150.00 Paid
26. Patel, Jagdish & Nita - 122	\$501.00	\$501.00 Paid
27. Patel, Jayant & Kapi -124	\$ 501.00	\$ 501.00 Paid
28. Patel, Ketan & Mala - 111	\$ 501.00	\$501.00 Paid
29. Patel, Kishor & Kusum - 112	\$ 500.00	\$500.00 Paid
30. Patel, Minal - 113	\$ 701.00	\$701.00 Paid
31. Patel, Pradip & Kumud - 125	\$ 501.00	\$501.00 Paid
32. Patel, Rashmikant & Jyoti - 114	\$ 500.00	\$500.00 Paid
33. Patel, Shashank & Pallavi - 140	\$ 501.00	\$501.00 Paid
34. Ranpuria, Hemansu & Preya - 115	\$ 500.00	\$500.00 Paid
35. Rathod, Hardas & Asha – 127	\$500.00	\$500.00 Paid
36. Sanghvi, Vijay -132	\$ 500.00	\$500.00 Paid
37. Shah, Bharat & Meena - 116 and 143	\$ 500.00	\$500.00 Paid
38. Sheth, Uday & Nandita - 131	\$ 500.00	\$ 500.00 Paid
39. Shukla, Amul & Smruti -117	\$ 500.00	\$500.00 Paid
40. Shukla, Chitu & Hema - 118	\$ 500.00	\$500.00 Paid
41. Stanley, Lilam- 119	\$ 500.00	\$500.00 Paid
TOTAL	\$19,616	\$18,616 Paid

*THANK
YOU!*





.....New Year's Resolutions to get more active have been made....

.....Now let's keep those calories burning!!!

.....Join us at a fun-filled Zumba®/ Yoga-thon accommodating all levels of participants

When: Saturday Feb 8th, 2014

Where: Ankur Gujarati Samaj, 9502 Highland Avenue, Cincinnati OH 45242 (Blue Ash)

Time: 10:00 am – 1:00 pm

Cost: Only \$10.00 for 3 hours....!

Proceeds will go to the Andrew B. Foundation (www.andrewbfoundation.org) to provide Educational Scholarships for needy students in Kenya to attend high school.

Healthy Snacks and Dietary Tips will be available. Bring a yoga mat if you can!



Greetings Ankur community!

It is my great pleasure to announce that Ankur website is now “.ORG” www.ankurcinci.org – to reflect our non-profit status and a new Ankur page on Face Book for you to follow - <https://www.facebook.com/pages/Ankur-Samaj/573976742675693>.

I have thoroughly enjoyed being Ankur Editor and Web Designer for these past 2 years, creating monthly newsletters, directory, event posters and tickets, updating Ankur website and FB page, and fielding Ankur emails. I have learned so much!

Signing off my last newsletter, I am happy to welcome new Editor/Web Designer Julie Desai, Youth & Cultural Directors Smita Patel & Nita Parikh. Best wishes to these new members of 2014 Ankur OC!

This time has been very enriching for me with new friendships and a better appreciation of all that goes on behind the scenes running Ankur – a nonprofit community organization solely powered by community volunteers and funding.

Many thanks for your help and support and the opportunity to be part of Ankur OC.

Shilpa Desai – Ankur Editor/Web Designer 2012 & 2013

