

2013 ANKUR CALENDER

JUNE 16th - Father's Day Picnic at Sharon Woods
 JULY 20th - Midwest FOGANA Competition
 AUGUST 16th - Ankur Dinner
 SEPTEMBER - Health Fair (Date to be announced)
 OCTOBER 5th – 10th Navratri at Ankur, 13th Vijaya
 Dashmi Havan, 19th Sharad Purnima
 NOVEMBER 2nd - Diwali Celebration
 DECEMBER – 15th Annual General Body Meeting

2013 OPERATING COMMITTEE

President - Bharti Noticewala
 bnoticewala@gmail.com 563-2007
Vice President - Rajal Bhutta
 rajalbhatta@yahoo.com 791-0362
Membership/Treasurer – Hema Shukla
 hema1993@aol.com 232-6448
Treasurer – Rasila Parikh
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Editor/Secretary – Shilpa Desai
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Building Rental Manager - Devas Desai
 devasdesai@hotmail.com 307-0185

2013 Board of Trustees

Jyoti Hegde 791-0210
 Rasila Parikh 247-9404
 Shashank Patel 733-8838
 Vijay Parikh 733-0245

2013 Building Renovation Committee

Kamlesh Kothari 791-5559
 Mayur Kadakia 697-9211
 Nayan Noticewala 563-2007
 Rajan Desai 683-2410
 Shashank Patel 733-8838

Father's Day Picnic / Charity Event for Oklahoma Tornado Victims

Sunday, June 16th at 4 pm

Fern Hollow shelter at Sharon Woods

11450 Lebanon Road
Sharonville, OH 45241

Come over for a picnic to celebrate Father's Day with family and friends. Let's enjoy delicious food, chilled drinks and outdoor activities together.

MENU:

Hot Pakoras

Hot Puris

Mixed Vegetable Khichdi

Curried Sabzi from Tandoor

Jeera Laasi

Chips and Salsa

Chilled Watermelon

Grilled Corn



Your donation of \$15 per family will go directly to The American Red Cross to help victims of recent Oklahoma Tornado.

Prior to the event, please note in Ankur newsletter and/or Evite the event cost set by Ankur OC.

In honor of Fathers every where, let's join together in aid of victims of the Oklahoma Tornado.

Your prompt RSVP and support is much appreciated.

ANKUR thrives with on-going activities like Yoga, Pranayama, Bollywood Zumba, Bridge, Book Club, Silver Innings, Mahila Bhajan Satsang, Drop-In center lunch as well as social, religious and charitable events, thanks to a strong Ankur community.

Your support and involvement is much appreciated.

Mother's Day celebration at Ankur

Thanks to all the sponsors and helpers for making this event a big success.

- Suren Hegde
- Sudhir Matani
- Shwetal Desai
- Shashank Patel
- Shaina Kadakia
- Rupak Swali
- Rajan Desai
- Raj Mehta
- Nilesh Shah
- Mehul Parikh
- Mayur Kadakia
- Manan Raval (Curries)
- Kamlesh Kothari
- Jay Mody
- Hiten Patel
- Herman Ranpuria
- Dilesh Patel
- Bharat Shah
- Abhijeet Desai



We extend our many thanks to the Sponsors who put in their valuable time, resources and hard work for Mother's Day dinner. This group of generous and high-spirited men have come together and presented to Ankur community, Mother's Day Dinners for many years for which we are truly grateful.

On this Mother's Day celebration, May 17th there was a good turnout of about 70 people who thoroughly enjoyed the evening with an array of delicious dinner items - bhel puri, sev puri, pani puri, dahi puri and pav bhaji. Guests were served fresh fruits and ice cream for dessert. A fun filled evening!

A true blessing to have Ankur members of all ages from seniors to children come together in the spirit of community.

ATTENTION: ALL FOGANA FAMILIES & PARTICIPANTS!

Phase 2 of Ankur Renovation is to commence shortly. This renovation includes the downstairs space, trophy cabinets etc. Ankur is offering our prized Fogana Trophies and Fogana Team pictures to anyone interested in taking these treasures as a family keepsake.



To arrange a time for pick-up, please contact Bharti Noticewala at bnoticewala@gmail.com or 563-2007



Ankur Activities



Monday Yoga with Herman Ranpuria

Weekly – Monday, 6:30 - 8 PM

YOGA



Saturday Yoga with Pallavi Patel

Weekly – Saturday, 8.30 – 10 AM

May & June Session fees: Ankur Members \$35
Single class fees: Members \$5, Non Members \$6

Please contact Jyoti Mehta at 518-0677 or
jjmweare@gmail.com for more information.

2 month Yoga session – May & June

Please bring your
own yoga mat

May & June Session fees: Ankur Members \$25
Single class fees: Members \$4, Non Members \$5
Children of Ankur members (18 and under): \$3

Please contact Pallavi Patel at 733-8838 or
patelps@ucmail.uc.edu for more information.

Required minimum attendance is 6 people to
conduct class.

Please join Ankur Yoga and commit to a healthy mind and body.

Seasoned yogis, beginners, and everyone in between is invited to attend **Ankur Yoga** taught by excellent Yoga teachers. Along with reducing stress, Yoga increases flexibility, strength, circulation and concentration.

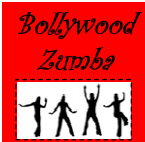


PRANAYAMA with Jyoti Hegde Weekly – Wednesday 7 to 8 PM

Come over to ANKUR for an hour of Pranayama, a deep breathing technique of yoga for optimum health. Jyoti Hegde brings a vast knowledge of Pranayama (breath control) for Ankur members every Wednesday. In Sanskrit, “Prana” means energy or vital force and “yama” means control. So, this translates to “control of the vital breath”. Important aspects of Pranayama: regulating the breath, controlling the vital force, and channelizing the Pranas in the right directions. Please contact Jyoti Hegde at jhegde9030@gmail.com for more information on Pranayama classes at Ankur.

Single Class Fees: Members \$3, Non Members \$4

2 Month Session Fees: Ankur Members \$ 20 *Please pay Pranayama fees to Jyoti Hegde.*



Bollywood Zumba with Jyoti Hegde

Weekly – Saturday 10 - 11 AM For ages 18 and up

Come over to ANKUR Saturday mornings for a great work-out to the beat of Bollywood melodies and groovy dance moves with Jyoti Hegde who brings her expertise and experience of dance to Ankur. **Interested in Bollywood Zumba? Please contact Jyoti Hegde at jhegde9030@gmail.com or Rajal Bhutta at rajalbhatta@yahoo.com to confirm. Required minimum attendance is 6 people to conduct class.**

Single Class Fees: Members \$3, Non Members \$4

2 Month Session Fees: Ankur Members \$20

Please pay class fees to Jyoti Hegde.



Ankur Activities



Bridge

Weekly – Wednesday 6:45 PM – 10:30 PM

Bridge for beginners at our Ankur Club.

Interested in learning Bridge? Come over to Ankur Bridge Club in a group of 4 players and Bhupen Joshi will teach the basics of this game for a nominal charge.

Anyone who enjoys **Bridge** is invited to come and play on Wednesday nights at ANKUR. Players should arrive at 6:45 PM so everyone can help set up tables and equipment downstairs. The aim is to be seated with partners by 6:50 PM so play can begin. A prompt start is to achieve a timely finish. All bridge players are invited to come, play, and have fun. Join us!

Please contact Hari or Rekha Budev at 793-5951 or Bhupen Joshi at 489-1077 for more information.



Ankur Book Club

Monthly, Wednesday, June 19th

Time: 2 to 4 PM

Venue: ANKUR

Ankur Book Club will be discussing the book “Temple of a Thousand Faces” by John Shors. Please contact Minal Patel at 234-0569 for more information about Ankur Book Club.



Drop-In Center – Homeless Shelter Lunch

Monthly: – Wednesday, June 12th
(Second Wednesday every month)

For over 12 years, Ankur volunteers have quietly and consistently served at The Drop-In Center monthly lunch, traditional Thanksgiving meal, winter wear at Christmas as well as donations to those who are homeless in Cincinnati serving society and those in need. .

A group of truly devoted Ankur volunteers donate, prepare and serve lunch to over 150 homeless people every month at The Drop-In Center which is Greater Cincinnati's largest homeless shelter, located in Over-the-Rhine

Thanks to these generous members of Ankur community led by Bharti Noticewala who donate funds, food items and time making these monthly lunches possible. A true spirit of charity!

To help serve lunch or donate food items or money, please contact Julie Desai 560-2232 or Bharti Noticewala 563-2007.



Ankur Activities



Mahila Bhajan Satsang

First Sunday every month: 6/2, 7/7, 8/4, 9/1, 10/6, 11/3, 12/1

Singers and avid listeners are most welcome to Mahila Bhajan Satsang which is held on first Sunday every month. On Sunday, June 2nd "**Ankur Mahila Bhajan Mandali**" came together at Ankur for an afternoon of devotional music.

This group will present bhajans in unison on Sunday July 14th; 6.30 pm onwards at Sai Baba Temple of Greater Cincinnati (9405 Columbus Cincinnati Rd, West Chester 45069) Complimentary dinner sponsored by Curries Restaurant will be served after bhajans and aarti.

Ankur Mahila Bhajan Mandali practice session for Sai Temple Bhajans
is on **Sunday June 23rd, 2 pm at Ankur.**

To participate in Sai Temple bhajan session, join Ankur Mahila Bhajan Mandali or for more information, please contact Pallavi Patel at 733-8838 patelps@ucmail.uc.edu or Rajal Bhutta at 791-0362 rajalbhatta@yahoo.com or Jyoti Hegde at 791-0210 jhegde9030@gmail.com



Ankur Silver Innings

Visit to Horseshoe Casino in late June for seniors organized by Suren Hegde and group. Look for more details in your Evite invitation.

A truly generous and dedicated group of Ankur volunteers put together regular events for seniors, complete with interesting activities and delicious dinner.

If you would like your name in the distribution list for Ankur Senior Events, please send an email to Ankur.Seniors@gmail.com.

2013 ANKUR ANNUAL MEMBERSHIP (January to December 2013)

Ankur Annual Membership - \$45

Ankur Life Membership - \$501

Please contact Hema Shukla at 513 232 6448 or hema1993@aol.com for membership related questions.

Please mail your Ankur membership check, payable to "Ankur Gujarati Samaj"

and membership form to: ANKUR, c/o Hema Shukla, 9502 Highland Avenue, Cincinnati, OH 45242

If you know anyone who does not receive Ankur newsletters, email updates and/or Evite invitations, please contact Shilpa Desai at anknewsletter@gmail.com

Please note:
Correction in Ankur Directory
Patel, Ramesh & Indumati 513-984-4453

★ Building Renovation Project 2012-2013 ★

Following members have given their support and pledged/paid donation amounts to go ahead with Phase 2 of Ankur building renovation. Utmost gratitude for the generosity of these members of Ankur community.

Please follow up your pledge with a check donation payable to "Ankur Gujarati Samaj" mailed to ANKUR, 9502 Highland Avenue, Cincinnati, OH 45242 as soon as possible. Please contact Vijay Parikh at 733-0245 or Bharti Noticewala at 563-2007 if you have any questions. (Tax receipt number)*

<u>Name</u>	<u>Pledge</u>	<u>Status</u>
1. Bhutta, Pravin & Rajal	\$ 500.00	
2. Budev, Chandu & Manju	\$ 500.00	
3. Budev, Hari & Rekha	\$ 500.00	
4. Budhdev, Sharad/Kiran & Arti -120*	Front Doors	
5. Desai, Abhijit & Julie, Gokli, Hansaben	\$1,001.00	
6. Desai, Rajan & Shilpa - 101	\$ 501.00	\$501.00 Paid
7. Hegde, Suren & Jyoti	\$ 501.00	
8. Joshi, Bhupen & Dorothy - 102	\$ 500.00	\$500.00 Paid
9. Karamchandani, Khush & Mina - 103	\$ 501.00	\$501.00 Paid
10. Mehta, Jayesh & Jyoti	\$ 500.00	
11. Mehta, Monal & Kausha	\$ 500.00	
12. Mehta, Nalin & Ila - 104	\$ 501.00	\$501.00 Paid
13. Mehta, Sudha & Arun	\$ 500.00	
14. Noticewala, Chandrakant & Daksha	\$501.00	\$501.00 Paid
15. Pai, Prakash & Sujata - 105	\$ 500.00	\$500.00 Paid
16. Parikh, Indravadan & Jyoti - 106	\$ 500.00	\$500.00 Paid
17. Parikh, Kishu & Kirti	\$ 500.00	\$500.00 Paid
18. Parikh, Narendra & Sarla - 107	\$ 151.00	\$151.00 Paid
19. Parikh, Tushar & Rasila - 108	\$ 101.00	\$101.00 Paid
20. Parikh, Vijay & Asha - 109	\$ 500.00	\$501.00 Paid
21. Patel, Dilesh & Neeta - 110	\$ 500.00	\$500.00 Paid
22. Patel, Jagdish & Nita	\$501.00	\$501.00 Paid
23. Patel, Jayant & Kapi	\$ 501.00	\$ 501.00 Paid
24. Patel, Ketan & Mala - 111	\$ 501.00	\$501.00 Paid
25. Patel, Kishor & Kusum - 112	\$ 500.00	\$500.00 Paid
26. Patel, Minal - 113	\$ 701.00	\$701.00 Paid
27. Patel, Pradip & Kumud	\$ 501.00	\$501.00 Paid
28. Patel, Rashmikant & Jyoti - 114	\$ 500.00	\$500.00 Paid
29. Patel, Shashank & Pallavi	\$ 501.00	
30. Ranpuria, Hemansu & Preya - 115	\$ 500.00	\$500.00 Paid
31. Sanghvi, Vijay Sanghvi	\$ 500.00	
32. Shah, Bharat & Meena -116	\$ 500.00	\$250.00 Paid
33. Shukla, Amul & Smruti -117	\$ 500.00	\$500.00 Paid
34. Shukla, Chitu & Hema - 118	\$ 500.00	\$500.00 Paid
35. Stanley, Lilam- 119	\$ 500.00	\$500.00 Paid
Total pledges & Status	\$ 18,465.00	\$ 11,212.00 Paid



*THANK
YOU!*



A plea to Ankur community!

This is a great opportunity to invest in our community center by donating with an open heart. Phase 2 of Ankur renovation will be a reality with your solid support and generous donations.



Ankur Gujarati Samaj Education Scholarship Program Application Guidelines

Ankur Gujarati Samaj is pleased to announce the 2013 Education Scholarship program. Two scholarships in the amount of \$500 each will be awarded to High School seniors. The eligibility and selection criteria are provided here.

How to Get the Application

You may download the application material from www.ankurcinci.org as a Microsoft Word file that you can complete on your computer.

Eligibility Requirements

To be eligible for this **merit based** scholarship you must:

- Be a child of a current Ankur Member
- Be a graduating high school senior, class of 2013
- Be **accepted** in a baccalaureate degree-awarding program at an accredited college or university in the U.S. for the 2013 - 2014 academic year

Selection Criteria

Applicants are evaluated on the following criteria:

- Academic record
- Community service
- Extra-curricular activities, School activities, Leadership skills, and work experience
- Compelling essay; correct grammar, punctuation, and spelling
- A Letter of recommendation (must include academic record, academic plans and career goals, personal strengths and weaknesses; including motivation, and commitment, community service and extracurricular activities, etc.) The letter should be provided in a sealed envelope with a signature across the seam of the envelope.
- Resume (one type-written page, minimum font size 11)

Transcript(s) and other Documents

Provide an official transcript from your current high school and it must include

- A cumulative GPA
- The name of your institution and your name, Social Security number and date of birth
- Official document of SAT or ACT score

Essay Requirement

A 500-word essay (one type-written page, minimum font size 11)

Postmark Deadline

All materials must be mailed in one package that is post marked on or before June 24, 2013.

Mail to the address provided on the application form.

Award Notification

The Ankur Gujarati Samaj Education Scholarship winners will be announced in the near future and the winners will be informed of the date and place of the function.

Scholarship Selection

The awardees will be selected by the Education Scholarship Committee and their decision will be final.

Education Scholarship Committee:

Anami Patel at (513) 252-9061 anamip@gmail.com

Nutan B. Shah at (513) 476-6336 nutanbs@yahoo.com

Kirti Ghia at (513) 556-3243 kghia@cfdr1.uc.edu

ANKUR GUJARATI SAMAJ EDUCATION SCHOLARSHIP PROGRAM

Ankur Gujarati Samaj invites applications for its 2013 Education Scholarships. **Two scholarships, each in the amount of \$ 500, will be awarded to high-school seniors.** Initiated in 2004, the scholarship program is administered by the Education Scholarship Committee (ESC) of Ankur.

Selection Criteria

- Applicants will be evaluated on the following criteria:
- Academic record
- Community service
- Extra-curricular activities, School activities, Leadership skills, and work experience
- Compelling essay on the topic listed in the Scholarship Application Form
- A letter of recommendation from teacher or administrator of the applicant's high school, detailing academic record, career goals, personal strengths and weaknesses; community service and extracurricular activities
- Resume (one type-written page, minimum font size 11)

Eligibility Requirements

To be eligible for this **merit-based** scholarship, the applicant must be:

- Child of a current Ankur Member
- Graduating high-school senior
- **Accepted** in a baccalaureate degree-awarding program at an accredited college or university in the U.S. for the Fall term beginning immediately after graduation

Deadlines and Award Presentation

Applications will be available by **Wednesday, June 5, 2013** from the Ankur web site, and applicants will be required to submit the completed application material by **Monday, June 24, 2013**; the specific dates are also listed on the Application Form. The awards will be given sometime this summer at an appropriate function.

Contact Information

For further information, please contact the Education Scholarship Committee. The 2013 ESC members are listed below:

Anami Patel at (513) 252-9061 anamip@gmail.com
Nutan B. Shah at (513)476-6336 nutanbs@yahoo.com
Kirti Ghia at (513) 556-3243 kghia@cfdril.uc.edu

Parents, would you like share announcement in July Ankur newsletter of your recent high- school or college graduate? Please email anknewsletter@gmail.com with details.