



અંકુર ગુજરાતી સમાજ Ankur Gujarati Samaj Inc.

Ankur Newsletter, August 2011



2011 Operating Committee

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Bharti Noticewala 563-2007

Vice President

Rajal Bhutta 791-0362

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Bhadra Parikh 489-1094

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Amisha Doshi 339-0903

Cultural Director

Kamini Jain 769-7964

Youth Director

Jyoti Mehta 793-7349

Chief Editor

Shalvi Desai 544-7513

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Amisha Doshi 339-0903

Building Rental Manager

Devas Desai 307-0185

2011 Board of Trustees

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Nayana Trivedi 777-9670

Secretary

Open Position

Treasurer

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Member

Taruna Damani 779-4898

Member

Dorothy Joshi 489-1077

Web Designer

Jolly Purani 673-9338

25th Anniversary

Ankur 25th Building Anniversary
Dinner

Saturday, September 24th at 6 PM

Hosted by Ankur BOT

Come celebrate 25 years of having our own community building, home to dance practices, bridge games, yoga classes and more. More information will be in September's newsletter.

2011 Ankur Events

Please note Ankur events for 2011 in your calendars! Diwali events will be scheduled in coordination with the temple.

August

Janmashtami, Nand Mahotsav & Matli breaking 8/26

September

Ankur 25th Building Anniversary Gala Dinner 9/24

Navratri Celebrations 9/28 - 10/6 (weeknights)

October

Navratri Celebrations 9/28 - 10/6 (weeknights)

Sharad Purnima Dinner 10/14

November

Diwali Show 11/5

December

TBA



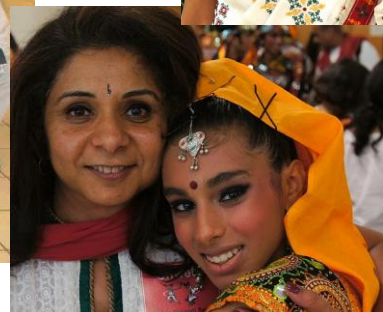
Midwest FOGANA

This year's competition was a huge success, we would like to thank all the volunteers, steering committees, sponsors, donors, team choreographers and managers, participants and our community for supporting this event.

Congrats to the Junior Raas team for winning 1st place at nationals!

Check out some pictures on the next page as well as Crew Pictures on YouTube:

<http://www.youtube.com/watch?v=tHeQLNBZXX4>





Nand Mahostav

Friday August 26th

Celebrate Krishna Janam at midnight



7 - 8 PM

8 - 9:30 PM

9:30 - 10:30 PM

10:30 - 12 PM

Midnight

Matli breaking

Story of Krishna

Dinner sponsored by Evendale group

Garba

Bhajan

Krishna Janam



Dress code:

Ladies: ghaghra choli

Gentlemen: kurta pajama

Price:

Members: \$15/couple, \$8/single

Nonmembers \$17/couple, \$9 single

We will create our own "Gokul" and Nand Mahostav at Ankur. Children are encouraged to dress as Nanda, Yashoda, Krishna, Radha, gopis and gopals to help celebrate. Kids interested in participating should call Kamini Jain or Jyoti Mehta.

Gujarati Book Exchange

Have any new/gently used Gujarati books around the house? Donate them to Ankur for others to use, while finding some new books for yourself. Place all books on the back wall below the Fogana pictures. Only Gujarati books are needed, you can take any other books to Half Price Books or Goodwill.

Positions Open in OC and BOT

Naren Parikh has resigned as Secretary of BOT, if you or anyone you know is interested in filling this position for the rest of the year, please contact Bharti Noticewala (563-2007), or Nayana Trivedi (777-9670).

Shalvi Desai is no longer in Cincinnati and is looking for a replacement as Newsletter Editor, if you are interested in the position please call 544-7513.



Ankur Activities



Yoga

Monday Session:

July 4th – August 29th (9 sessions/\$27)

Weekly – Monday 6:30 - 8:00 pm

Taught by Herman Ranpuria

Seasoned yogis, beginners, and everyone in between are encouraged to come and learn the benefits of yoga, such as increased flexibility, strength, fitness, circulation and concentration, and reduced stress. Let us all commit to regular yoga exercises and determine to improve and remain healthy throughout the year. Please encourage your spouses, children, friends, and family members to join yoga. Come experience the benefits of yoga! If you have any questions, please contact Jyoti Mehta at 518-0677.

- **Session:** 2 months, 8-9 classes per session
- **Cost:**
 - **Full Session:** Ankur Membership (\$35/yr) + \$27 per session (non-refundable)
 - **Single Class:**
 - **Monday:** Members: \$4/class, Non-members: \$5/class
 - **Thursday:** Members: \$3/class, Non-members: \$4/class
 - **Children of Ankur members (18 and under):** \$3/class

Please bring your own yoga mat



Bridge

Weekly – Wednesday 6:45 - 10:30 pm

Weekly bridge games have great turn-out, come and enjoy this game Wednesday nights at Ankur. Players should arrive at 6:45 so everyone can help set up tables and equipment downstairs. The aim is to be seated with partners by 6:50 so play can begin. A prompt start is to achieve a timely finish. All bridge players are invited to come, play and have fun. Please contact Hari or Rekha Budev at 793-5951 or Bhupen Joshi at 489-1077 for more information.



Pranayama

Classes will resume in the fall, look for updates in the newsletter

Pranayama (breath control) is the deep breathing technique of yoga that works wonders in increasing physical and psychological performance. In Sanskrit, Prana means energy or vital force and yama means control. So, in English, this would translate into control of the vital breath. Pranayama essentially involves three things: regulating the breath, controlling the vital force, and channelizing the Pranas in the right directions. Come and try this spiritual experience. For more information contact Jyoti Hegde at jhegde9030@hotmail.com.



Book Club

Monthly - Thursday

For more information please contact Minal Patel at 234-0569.



Gujarati Classes – Archana Shah

Twice a month on Sundays

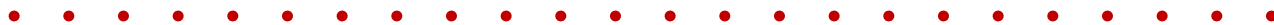
Archana Shah will be teaching Gujarati class in her home twice a month on Sundays. If you are interested in attending these classes, please contact Archana at archanashah@hotmail.com or 276-4364.



Drop-In Center – Homeless Shelter

Monthly - Wednesday

Volunteers take lunch to the Drop-In Center Shelter House the 2nd Wednesday of every month where lunch is served to over 150 homeless people in downtown Cincinnati. Volunteers share the duties of making spaghetti, salad and bringing bread, bananas, cookies or ice cream. Helping the less fortunate to receive a warm meal is a great cause and a perfect way for you to donate towards something charitable. If you have the time to help, please do. If not, a donation is also useful to buy items if you are not available. To contribute towards or help provide lunch dishes please contact Bharti Noticewala (563-2007) or Julie Desai (560-2232).



Senior Mixer Nights

Monthly – Thursday, August 18th

Bring your senior family members to Silver Innings Seniors Mixers. This month's activity is undecided but will be in celebration of Indian Independence Day. For more information contact Jyoti Hegde at jhegde9030@hotmail.com.



Zumba class

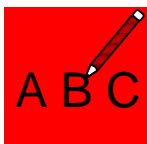
Classes will start Sept 8th 6:30 – 7:30 PM

Full session (2 months): members \$4/class, non-members \$5/class

Single class: members \$5/class, non-members \$6/class



Zumba combines Latin and International music with a fun and effective workout system. Come enjoy this fun and energetic workout.



Assistant to Teachers at Bond Hill Academy

As much time as desired

Volunteering opportunities are available as an “assistant to teacher” at Bond Hill Academy School. Complete flexibility as to how many hours per day/week/month you are willing to put in. No experience is required, the only requirement is a willingness and desire to help young kids from 1st grade onwards. Students interested in helping are also welcome to volunteer after school hours. To help these young students strive academically, contact Rajal Bhutta at 791-0362 or 673-7400 (cell), rajalbhatta@yahoo.com.

Celebrate India's Independence Day

RELATED ACTIVITIES

(With attractive prizes for participants and winners!!)

ESSAY COMPETITION FOR CHILDREN

(Submit July 15th - July 31st)

MATH COMPETITION FOR CHILDREN

(August 13th 9 am)

ROLE MODEL INITIATIVE

(Nominate role models in the Community - July 15th - July 31st)

For more details:

<http://cincinnati.aidindia.org>



Monday, August 15th, 2011
The Voice of America Park

7850 Voice of America Park Drive
West Chester OH 45069

5 pm onwards: Fun activities - races and games

6:30 pm: FREE REFRESHMENTS!!!

7:00 pm - 8:00 pm: Main event

(Patriotic-themed cultural program,
speeches by dignitaries, and prize distribution)

For more details, please contact:

Association for India's Development

Sri Mirle: (513) 894 8954

Web: <http://cincinnati.aidindia.org>

Email: aid.cinci@gmail.com

There is no entry fee to participate. There are attractive prizes for participants and winners. Tell your friends! More details at <http://cincinnati.aidindia.org/independenceday2011>.

Essay Contest (for children) – OPEN NOW!

Topic: Indian Americans in Cincinnati - Best of Both Worlds

Entries Submission: July 15 – July 31, 2011

Essays can be emailed to aid.cinci@gmail.com

Local Indian American Role Models – OPEN NOW!

Nominate Indian American Role Models in Greater Cincinnati

Entries Submission: July 15 – July 31, 2011

Entries: <http://www.rolemodelinitiative.com/forum/top/9>

Mathematics Contest (for children)

Registration Deadline: August 6th, 2011

Date: 9 -10 AM, Aug 13, 2011

Place: 7577 Central Parke Blvd, Mason OH

Register by emailing admin@aplusadvancedlearning.com

Fancy Dress Show (Indian Leaders) by children

August 15, 2011

If your child can participate, please send an email to aid.cinci@gmail.com

NAVRATRI 2011

HINDU SOCIETY OF GREATER CINCINNATI
& ANKUR GUJARATI SAMAJ
JOINTLY CELEBRATES NAVRATRI



AT CINCINNATI GARDENS ARENA
WITH BOLLYWOOD MUSICAL
RAAS RAMZAT GROUP

APURVA (SaReGaMa & K for Kishore Fame), Rupali & Asha

DATES/TIME: FRIDAY, SEPT 30 7:30PM TO 1:00AM
SATURDAY, OCT 1 7:30PM TO 1:00AM
FRIDAY, OCT 7 7:30PM TO 1:00AM
SATURDAY, OCT 8 7:30PM TO 1:00AM

PLACE: THE CINCINNATI GARDENS ARENA
2250 SEYMOUR AVENUE
CINCINNATI OHIO 45212

TICKETS: ALL PROCEEDS BENEFIT HINDU TEMPLE

MINIMUM DONATION: \$12/DAY

ONE WEEKEND PASS: \$20

CHILDREN 5 AND UNDER FREE

SPONSORSHIP: \$101 (2 PASSES ONE WEEKEND) OR \$ 251 (2 PASSES/BOTH WEEKENDS)

FOR THE REMAINING NAVRATRI NIGHTS AT THE HINDU TEMPLE WITH RAAS RAMZAT GROUP

DATES: SEPTEMBER 28, 29 – OCTOBER 2,3,4,5,6

PLACE: HINDU TEMPLE OF GREATER CINCINNATI

TIME: 8:00PM TO 9:30PM

TICKETS: NO CHARGE

NAVRATRI HAVANS AT THE TEMPLE:

TUESDAY OCT 4: ASHTAMI / NAVACHANDI HAVAN TIME: 6:30PM TO 7:30PM FOLLOWED BY RAAS GARBA

THURSDAY OCT 6, VIJAYADASHMI HAVAN 6:00PM FOLLOWED BY RAAS GARBA WITH RAAS RAMZAT GROUP

NAVRATRI AT ANKUR SAMAJ: 9502 HIGHLAND AVE. CINCINNATI

SEPT 28, 29 - OCT 2,3,4,5,6 RAAS GARBA 8:00PM TO 9:30PM

THURSDAY OCT 6, VIJAYADASHMI HAVAN 6:00 TO 7:30PM FOLLOWED BY RAAS GARBA

FRIDAY, OCT 14, SHARAD PURNIMA 7:00PM TO 11:00PM

FOR FURTHER INFO CONTACT: THE HINDU TEMPLE AT (513) 528-3714 Or ANKUR SAMAJ (513)563-2007