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**Ankur Gujarati Samaj**  
**9502 Highland Avenue,**  
**Cincinnati OH 45242**

Namaste!

Ankur came alive in September and October with Navratri, Dasher, and Sharad Poonam. Thanks to all the sponsors for supporting Ankur Navratri.

We have a lot of fun events coming up in October and November.

Here are upcoming events at Ankur in 2014:

## DIWALI CELEBRATION 2014!

Social Hour & Appetizers, Festive Diwali Dinner, Cash Bar, DJ Dance Party, Raffle Prizes, Formal Attire

- DATE: October, 24th
- TIME: 7 pm
- VENUE: Elements Event Center, 11974 Lebanon Rd, Cincinnati, OH 45241
- TICKET: \$25 per person
- **After October 14th, ticket price : \$30 per person**
- Free admission for children under 5 years

## Book Club:

The book club is reading the "Underground Girls of Kabul: In Search of a Hidden Resistance in Afghanistan" by Jenny Nordberg. The book club will meet at Ankur on Thursday November 20th to discuss the book. For any questions or further information, please call Minal Patel at [\(513\) 234-0569](tel:5132340569).

# November Movie Night!

- DATE: November, 14th -- Friday
- TIME: 7 PM
- Movie: TBD
- VENUE: Ankur
- Free event

## Health Talk: Dementia!

Dementia isn't a specific disease. Instead dementia describes a group of symptoms affecting thinking and social abilities severely enough to interfere with daily functioning. Come and learn symptoms of dementia, its effects, and what actions to take.

- DATE: December 7th
- SPEAKER: Dr. Chandu Bhudev
- TIME: TBD
- VENUE: Ankur
- Free event

# General Body Meeting!

If you are interested in volunteering at Ankur and be part of the Operating Committee, please email us at [Anknewsletter@gmail.com](mailto:Anknewsletter@gmail.com) / call Bharti Noticewala: [\(513\) 563-2007](tel:(513) 563-2007) / Rajal Bhutta: [\(513\) 791-0362](tel:(513) 791-0362)

- Date: December 21st -- Sunday
- TIME: TBD
- VENUE: Ankur

# Ankur At A Glance

October  
2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>28</u> • Navratri	<u>29</u> •Yoga with Herman 6.30 to 8 PM •Navratri	<u>30</u> • Navratri	<u>1</u> •Bridge 6.45 to 10.30 PM •Navratri	<u>2</u> • Navratri	<u>3</u> •Dashera Havan, dinner and Garba	<u>4</u>
<u>5</u>	<u>6</u> •Yoga with Herman 6.30 to 8 PM	<u>7</u>	<u>8</u> •Drop-in Center Lunch •Bridge 6.45 to 10.30 PM	<u>9</u>	<u>10</u> •Sharad Purnima	<u>11</u>
<u>12</u>	<u>13</u> •Yoga with Herman 6.30 to 8 PM	<u>14</u>	<u>15</u> •Bridge 6.45 to 10.30 PM	<u>16</u>	<u>17</u>	<u>18</u>
<u>19</u>	<u>20</u> • <u>Yoga with Herman</u> <u>6.30 to 8 PM</u>	<u>21</u>	<u>22</u> • <u>Bridge 6.45 to 10.30 PM</u>	<u>23</u>	<u>24</u> •Diwali celebration	<u>25</u>
<u>26</u>	<u>27</u> • <u>Yoga with Herman</u> <u>6.30 to 8 PM</u>	<u>28</u>	<u>29</u> • <u>Bridge 6.45 to 10.30 PM</u>	<u>30</u>	<u>31</u>	<u>1</u>

# ◀ November 2014 ▶

Sunday	Monday	Tuesday	Wednesday	Thursday
26	27 • <a href="#">Yoga with Herman</a> 6.30 to 8 PM	28	29 • <a href="#">Bridge 6.45 to 10.30</a> PM	30
2	3 • <a href="#">Yoga with Herman</a> 6.30 to 8 PM	4	5 • <a href="#">Bridge 6.45 to 10.30</a> PM	6
9	10 • <a href="#">Yoga with Herman</a> 6.30 to 8 PM	11	12 • Drop-in Center Lunch • <a href="#">Bridge 6.45 to 10.30</a> PM	13
16	17 • <a href="#">Yoga with Herman</a> 6.30 to 8 PM	18	19 • <a href="#">Bridge 6.45 to 10.30</a> PM	20 • <a href="#">Book Club 21</a>
23	24 • <a href="#">Yoga with Herman</a> 6.30 to 8 PM	25	26 • <a href="#">Bridge 6.45 to 10.30</a> PM	27