



NEWSLETTER- May 2016



Join us at the Mother's day celebration and enjoy the evening with Friends and Family on SUNDAY May 15th 2016.

Where: Ankur Gujarati Samaj When: 4.00 to 7.00 PM

- Ankur Mom's and children under 5 years - Free
- Children 5 to 11 years - \$ 5.00
- Adults and children over 11 - \$ 8.00

UPCOMING

EVENTS



May 15th 2016
Sunday
4.00 to 7.00 pm

Mother's Day
Celebration
@
Ankur Samaj



May 30th 2016
Monday
10.00 to 11.30 am

Annual Memorial
day Parade and
celebration @
Blue Ash Towne
Square Avenue
*** Evite to follow**



June 19th 2016
Sunday
Venue: Fern
Hollow Shelter,
Sharon Woods.

Father's day Picnic

Details to Follow





Ram Navami



We value your help support and attendance at the Ram Navami function.

😊
Thank you!



2016 Ankur Annual Membership
Membership fee for January to December 2016 is now due.

- Annual Membership: \$35.00 (late fee after April 30th 2016)
- Life Membership:\$501

Members other than life members are requested to send their annual membership check payable to “Ankur Gujarati Samaj” and membership form* to: ANKUR, c/o Jagruti Khandhadia, 4446 Wilderness Way Mason, OHIO 45040.

Please contact Jagruti Khandhadia at 513-253-9004 or email @ K_jagruti@hotmail.com

**2016 membership forms can be downloaded from Ankur web site @*

[http://ankurcinci.com/images/2016 Ankur Gujarati Samaj Membership Form.pdf](http://ankurcinci.com/images/2016_Ankur_Gujarati_Samaj_Membership_Form.pdf)



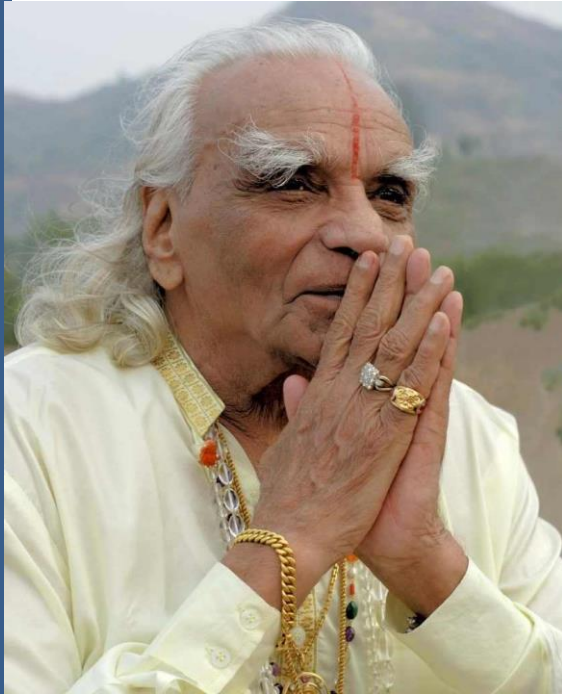
Ankur Activities



Yoga with Herman Ranpuria

(Monday 6:30 to 8:00 PM)

Yoga for all levels and abilities from complete beginners to the most advanced – All are welcome



B.K.S. Iyengar
1918 - 2014

“Health is a state of complete harmony of the body, mind and spirit. When one is free from physical disabilities and mental distractions, the gates of the soul open.”

“Yoga teaches us to cure what need not be endured and endure what cannot be cured.”

“Words cannot convey the value of yoga – it has to be experienced.”

BRIDGE

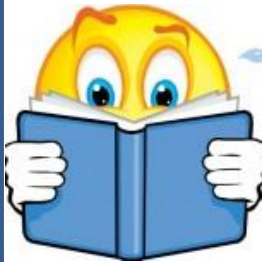
Weekly – Wednesday 7:00 PM – 9:30 PM



Anyone who enjoys Bridge is invited to come with a partner and play on Wednesday nights at ANKUR.

Interested in learning Bridge? Please contact Bhupen Joshi at 489-1077 (bhupenjoshi1@gmail.com) and Rekha Budev @ 793-5951 for more information.

Ankur Book Club



Monthly:

The book club met on April 14th 2016 and discussed two books. Ashaben enlightened all the book club members about Gayatri Mantra. The next book club will meet on May 19th 2016 and discuss

- Avenue of Mysteries by John Irving

Please contact Minal Patel at 234-0569 to join Ankur Book Club or for more information.

What would you like added to Ankur community?

Would you like to submit a recipe, activity idea, interesting article etc. to Ankur newsletter?

Please email your ideas and suggestions to Parul Dalal at anknewsletter@gmail.com

2015 Operating Committee

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Please step up , get involved and volunteer to be a part of the 2016 Ankur operating committee

Please contact anknewsletter@gmail.com

If you or someone you know, is not receiving Ankur News letter or your address has changed , please contact Parul Dalal at anknewsletter@gmail.com

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www.ankurcinci.org