



NEWSLETTER- OCTOBER 2015

# Let's get together and celebrate the 2015 Diwali on Sunday November 8, 2015

Celebration starts at 5.00 PM

Venue: Elements Event Center  
11974 Lebanon Rd,  
Cincinnati 45241

## Highlights:\*

- ❖ Social Hour & Appetizers
- ❖ Cultural Program & Karaoke
- ❖ Dinner
- ❖ Music & Dance
- ❖ Cash bar



Members/Non-Members: 25.00/30.00 Per person

Children under 4 free

Children 5 to 12 years: 15.00

Rashmi Vyas	513-520-5347
Ajay Munsif	859-803-4432
Nita Parikh	513-237-3757
Kashmira Bapat	513-677-9637
Jagruti Khandhadia	513-253-9004
Bhartiben Noticewalla	513-563-2007



\*Formal Attire

# UPCOMING

# EVENTS



**2015 NAVRATRI CELEBRATION SCHEDULE**  
*October 13, 2015 to October 25, 2015*  
**@ANKUR 9502 Highland Avenue, OH 45242**

Date	Time	Program Details
October 13 <sup>th</sup> 2015 to October 21 <sup>st</sup> 2015	8:00 - 9:30 PM	Garba, Raas , Aarti & Prasad
October 22 <sup>nd</sup> 2015 Thursday	6:30 PM	Vijaya Dasmi & Dasera Havan followed by Aarti, Dinner & Garba, Raas <i>Dinner \$ 5.00 per person</i>
October 25 <sup>th</sup> 2015 SUNDAY	6:30 PM	Sharad Poonam Garba Raas, Aarti followed by Dinner @ 9:00 PM <i>Dinner \$ 5.00 per person</i>



**Garba sponsorship donation \$35.00 and UP**  
❖ *Check payable to "Ankur"*



**Bharti Noticewala for Sponsorship & Prasad**



**513 -563-2007**

## 2015 ANKUR GUJARATI SAMAJ EDUCATION SCHOLARSHIP PROGRAM

*Ankur Gujarati Samaj invites applications for its 2015 Education Scholarships. Two scholarships, each in the amount of \$ 500, will be awarded to high school seniors (class of 2015) in December of 2015.*

*Initiated in 2004, the scholarship program is administered by the Education Scholarship Committee (ESC) of Ankur.*

### Selection Criteria

Applicants will be evaluated on the following criteria:

- Academic record
- Community service
- Extracurricular activities, School activities, Leadership skills, and work experience
- Compelling essay on the topic listed in the Scholarship Application Form
- A letter of recommendation from a teacher or administrator of the applicant's high school, detailing academic record, career goals, personal strengths and weaknesses; community service and extracurricular activities
- Resume (one typewritten page, minimum font size 11)

### Eligibility Requirements

To be eligible for this merit-based scholarship, the applicant must be:

- Child of a current Ankur member with 2 years of consecutive membership
- Graduating high school senior ( Class of 2015)
- Accepted in a baccalaureate degree-awarding program at an accredited college or university in the U.S. for the fall term beginning immediately after graduation

## 2015 ANKUR GUJARATI SAMAJ EDUCATION SCHOLARSHIP PROGRAM

### Deadlines and Award Presentation

Applications will also be available by Monday, October 12, 2015 at the Ankur web site. The submission deadline is 5.00 pm, Friday, November 6, 2015. The completed application must be mailed\* at the address below:

Attn.: Education Scholarship Committee  
Ankur Gujarati Samaj, Inc.  
9502 Highland Ave,  
Cincinnati, OH 45242

The awards will be given sometime this fall at an appropriate meeting and the winners will be informed of the date and place of the meeting. Please email Kirti Ghia([kghia@cfdri.uc.edu](mailto:kghia@cfdri.uc.edu)) informing of your intention as well as final submission of your scholarship application package so that we can be on the lookout for your application.

- *Please do not hand-deliver the application to anyone, including the Board of Trustees, Operating Committee or members of Education Scholarship Committee of Ankur Gujarati Samaj.*

### Links to Scholarship documents

- **2015 Ankur Education Scholarship Program Information**  
[http://ankurcinci.com/images/ANKUR\\_G\\_S\\_EDU\\_SCHO\\_PROG\\_2015.pdf](http://ankurcinci.com/images/ANKUR_G_S_EDU_SCHO_PROG_2015.pdf)
- **2015 Education scholarship Guidelines**  
[http://ankurcinci.com/images/Scholarship\\_Application\\_Guidelines\\_2015.pdf](http://ankurcinci.com/images/Scholarship_Application_Guidelines_2015.pdf)
- **2015 Education scholarship Form**  
[http://ankurcinci.com/images/Final\\_Scholarship\\_Application\\_Form2015.pdf](http://ankurcinci.com/images/Final_Scholarship_Application_Form2015.pdf)





## Ankur Activities



# Yoga with Herman Ranpuria

(Monday 6:30 to 8:00 PM)

Yoga for all levels and abilities from complete beginners to the most advanced – All are welcome

### September & October fees:

Ankur Members \$35

### Single class fees:

Members \$5, Non Members \$6

### Whole Year Session fees:

Ankur Members \$150



Can your fitbit track your  
**karma**

*Herman Ranpuria*

The answer may be yes if all your step counts are dedicated to the service of others. Or, if your calorie intake was no more than what you need to stay healthy. But, sadly the answer is no, since the Fitbit cannot (yet) differentiate between good/bad minutes, motion, or GPS location. However, let's check 5 things we should know about Karma:

**What you sow, you shall reap:** This is most people's idea of what karma is. If you do good deeds, you will enjoy the rewards. If you do bad deeds, you will enjoy the "rewards". Cool thing about this philosophy is that when you are in the depths of your suffering, you can take some comfort in that you are paying off debt. Hurray!

*Continued.....*

**Good karma cannot wipe out bad:** To many people this comes as a surprise. They assume that good deeds cancel out bad. Noooooo sorry, it does not work that way. If it did, most of us would say, I will enjoy going to the casino today, and then fast and pray tomorrow

**Karma stays in the soul, not the body:** Karma follows you through the cycle of death and re-birth. So some of your un-paid debt will follow you into future lives. Of course, you have to believe in re-incarnation to accept this one.

**There is no such thing as luck:** Definition of luck: success or failure apparently brought by chance rather than through one's own actions. Karma however says that every accident or incident of good fortune is the fruit of past actions. No room for lady luck in the laws of karma.

**Ignorantia juris non excusat:** Ignorance does not let you off scot-free. Some of you will disagree on this one. However just ask the monk (if you happen to bump into one) who gently sweeps the path ahead to avoid harming insects and other small creatures.

If you dropped a rock without looking and it fell on someone's head, should you suffer some consequence for the resulting harm? Still not sure? Then ask yourself, how would you feel if that rock injured someone? Trust your feelings, they are often right.

A Fitbit or some other sensor on your body may be able to track all this someday. Until then a simple diary of what you did right or wrong each day will work fine. Of course the laws of karma already has a tracking system in place. Unfortunately we can't Google to check the balance.

# BRIDGE

Weekly – Wednesday 7:00 PM – 9:30 PM



Anyone who enjoys Bridge is invited to come with a partner and play on Wednesday nights at ANKUR.

Interested in learning Bridge? Please contact Bhupen Joshi at 489-1077 ( bhupenjoshi1@gmail.com) for more information.



## Ankur Book Club

Monthly: October 15<sup>th</sup> 2015

The book club recently read and discussed the book “All THE LIGHT WE CANNOT SEE ” by Anthony Doerr The following is the reading plan/schedule

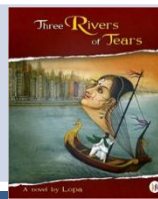
Please contact Minal Patel at 234-0569 to join Ankur Book Club or for more information.

**OCT 15th, 2015**  
**2:00 PM**  
**Ankur**

**The Girl with Dragon Tattoo**  
By Stieg Larsson



**Three Rivers of Tears**  
By Lopa Mukherji





## **Drop-In Center – Homeless Shelter Lunch Monthly: Second Wednesday every month)**



For over 12 years, Ankur volunteers have quietly and consistently served at The Drop-In Center monthly lunch, traditional Thanksgiving meal, winter wear at Christmas as well as donations to those who are homeless in Cincinnati serving society and those in need.

A group of truly devoted Ankur volunteers led by Bharti Noticewala, Induben Patel , Neelaben Patel with help from Mehul Parikh donate, prepare and serve lunch to over 150 homeless people every month at The Drop-In Center which is Greater Cincinnati's largest homeless shelter, located in Over-the-Rhine.

Special thanks to Shilpa Desai, Julie Desai, Geeta Matani, Uma Shah, Mehul Parikh Induben & Neelaben Patel & Raji Prasad for their continued help and support to the community



thank  
you!



**To help serve lunch or donate food items or money, please  
contact Bharti Noticewala 513-563-2007.**



## 2015 Ankur Annual Membership

Membership fee for January to December 2015 is now due.

- Annual Membership:\$35
- Life Membership:\$501



Members other than life members are requested to send their annual membership check payable to “Ankur Gujarati Samaj” and membership form\* to: ANKUR, c/o Jagruti Khandhadia, 4446 Wilderness Way Mason, OHIO 45040.

Please contact Jagruti Khandhadia at 513-253-9004 or email @ [K\\_jagruti@hotmail.com](mailto:K_jagruti@hotmail.com)

*\*2015 membership forms can be downloaded from Ankur web site @ [http://ankurcinci.com/images/2015\\_Ankur\\_Membership\\_Form.pdf](http://ankurcinci.com/images/2015_Ankur_Membership_Form.pdf)*



Fully renovated Ankur Facility @ 9502 Highland Avenue, Cincinnati, Ohio 45242 is now available on rent for parties and other occasional events

Please Contact Building Rental Manager for information  
Bhartiben Noticewala @ 513 -563-2007  
[bnoticewala@gmail.com](mailto:bnoticewala@gmail.com)

***What would you like added to Ankur community?***

***Would you like to submit a recipe, activity idea, interesting article etc. to Ankur newsletter?***

***Please email your ideas and suggestions to Parul Dalal at [anknewsletter@gmail.com](mailto:anknewsletter@gmail.com)***

**2015 Operating Committee**

Rashmi Vyas 513-520-5347  
[madrush@gmail.com](mailto:madrush@gmail.com)

Ajay Munsif 859-803-4432  
[ajaymunsif@yahoo.com](mailto:ajaymunsif@yahoo.com)

Kashmira Bapat 513-677-9637  
[Knbapat1@yahoo.com](mailto:Knbapat1@yahoo.com)

Nita Parikh 513-237-3757  
[nitamehtaparikh@yahoo.com](mailto:nitamehtaparikh@yahoo.com)

Jagruti Khandhadia 513-253-9004  
[K\\_jagruti@hotmail.com](mailto:K_jagruti@hotmail.com)

Parul Dalal 513-349-4637  
[Prakashparul100@gmail.com](mailto:Prakashparul100@gmail.com)

**Building Rental Manager**

Bharati Noticewala 513 -563-2007  
[bnoticewala@gmail.com](mailto:bnoticewala@gmail.com)

**Board of Trustees**

Bharati Noticewalla 513 -563-2007  
Rasila Parikh 513- 247-9404  
Shashank Patel 513-733-8838  
Vijay Parikh 513-733-0245



**Make sure your child mails the Ankur 2015 scholarship forms by November 6, 2015**

**For any issues with downloads of application forms email [anknewsletter@gmail.com](mailto:anknewsletter@gmail.com)**

***If you or someone you know, is not receiving Ankur News letter or your address has changed , please contact Parul Dalal at [anknewsletter@gmail.com](mailto:anknewsletter@gmail.com)***

**9502 Highland Avenue, Cincinnati, Ohio 45242.**

**[www.ankurcinci.org](http://www.ankurcinci.org)**