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Member

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Anand Mehta 833-4966

Ankur GALA Affair a Success!

People socialized, they enjoyed appetizers, dinner and drinks, and they danced! Over \$8000 were collected this evening for our Ankur! The evening was unforgettable!

The Board of Trustees and the Operating Committee of Ankur Gujarati Samaj would like to personally thank the more than 100 members who attended, and donated for the Gala Dinner Fundraiser! A sincere thank you to all the members who were unable to attend, who still were generous with their donations to Ankur. These funds are vital to the functioning of the Ankur Gujarati Samaj throughout each year.

This year, the **spirit of cooperation** has been an important part of Ankur's success! Cooperation between the BOT and the OC, between the many Ankur members, established families and newcomers, younger and older members, all who are always there to help when necessary for our Ankur.

We would like to give a special thanks to the following people in our community: the Decorating committee with Sanjita Kothari, Kamini Jain, and Sujata Pai, that created a beautiful autumn themed atmosphere with the help of Mayur Kadakia, Shashank Patel, Suren and Jyoti Hegde, Kamlesh Kothari, Dilesh Patel, Shilpa Desai, and Shalvi Desai. The delicious tasty Gujarati appetizers and dinner, catered by Bharti Noticewala, with the help of Mina Shah who provided chips and hummus. Kishore Mehta, Hari Budev, and Naren Parikh who volunteered with drinks. Kishore Mehta making sure building was cleaned within 24 hours. Nandita Sheth and Kausha Mehta for donation collections during the evening. Bharat Trivedi for helping with tables/chairs/PA system/wires, and Uday Sheth for photography. There are countless others, and we appreciate all their support.

This is what makes our community strong!
Let us continue this positive energy and celebrate Navratri and Diwali in this spirit of cooperation!

Sincerely,
Nayana A Trivedi,
Chairperson, Board of Trustees,
Board of Trustees and Operating Committee
Ankur Gujarati Samaj - 2010



Ankur Gala Dinner, October 2, 2010



Pictured: Nita Parikh,
Sanjita Kothari, Sujata Pai,
Shilpa Desai and Geeta
Matani



Gala Dinner Donors

Thank you to the following donors for their generosity and support of Ankur Gujarati Samaj at the Gala Dinner. If you would like, you are still most welcome to send in your donation to Ankur Gujarati Samaj:
9502 Highland Ave. Cincinnati, OH 45242.

Please make checks to Ankur Gujarati Samaj. Any Amount is Appreciated.

Girishchandra and Bharti Amin
Pravin and Rajal Bhutta
Rajesh and Sheela Bodalia
Chandu and Manjula Buddhdev
Sharad and Aarti Buddhdev
Hari and Rekha Budev
Nanji Buddhdev
Abhijit and Julie Desai
Bhal and Jyoti Desai
Kishore and Asha Desai
Rajan and Shilpa Desai
Shwetal and Sangita Desai
Kamlesh and Sanjita Desai
Hansa Gokli
Suren and Jyoti Hegde
Bhupen and Dorothy Joshi
Anil and Shobana Marfatia
Sudhir and Geeta Matani
Arun and Sudha Mehta
Kishore and Sushila Mehta
Monal and Kausha Mehta
Nalin and Ila Mehta
Rajendra and Urmilla Mistry
Chandrakant and Daksha Noticewala
Natver and Bharti Noticewala
Prakash and Sujata Pai
Rita and Mahendra Panchal
Indravadan and Jyotika Parikh
Keyur and Swati Parikh
Krishanakumar and Kirti Parikh

Mehul and Nita Parikh
Minaxi Parikh
Narendra and Sarla Parikh
Tushar and Rasila Parikh
Vijay and Asha Parikh
Anami and Hansa Patel
Chiman and Shobha Patel
Dilesh and Neeta Patel
Jagdish and Nita Patel
Jayant and Kapi Patel
Ketan and Mala Patel
Kishor and Kusum Patel
Pankaj and Aarti Patel
Pradip and Kumud Patel
Rashmikand and Jyotiben Patel
Shashank and Pallavi Patel
Snehal and Pretty Patel
Umakant and Minaxi Patel
Hemansu and Preya Ranpuria
Hardas and Asha Rathod
Vijay Sanghvi
Bharat and Meena Shah
Niranjan and Vina Shah
Nutan and Pushpa Shah
Bipin and Kailas Sheth
Pranav and Anita Sheth
Uday and Nandita Sheth
Amul and Smruti Shukla
Chitu and Hema Shukla
Ajitkumar and Nayana Trivedi
Ashwin and Dolar Zumkhawala



2010 Navratri Garba at Ankur Community Center

On October 8, 9, 15, and 16 only Aarti will be done at the Ankur Gujarati Samaj Building. You may also attend the larger Navratri function at the Cincinnati Mills Mall hosted by the Hindu Society of Greater Cincinnati on those days if you wish. Ankur will host Garba and Raas, at Ankur Community Center, on the following days:

Friday, October 8 Aarti at 8:00pm

Saturday, October 9 Aarti at 8:00pm

Sunday, October 10 Aarti, Garba and Raas 8:00-10:00pm

Monday, October 11 Aarti, Garba and Raas 8:00-10:00pm

Tuesday, October 12 Aarti, Garba and Raas 8:00-10:00pm

Wednesday, October 13 Aarti, Garba and Raas 8:00-10:00pm

Thursday, October 14 Aarti, Garba and Raas 8:00-10:00pm

Friday, October 15 Aarti at 8:00pm

Saturday, October 16 Aarti at 8:00pm

Please Sponsor an Evening of Garba, Raas, Aarti and Prasad.

Sponsorship is \$31.00 per Family.

There is No Charge to Celebrate Navratri at Ankur.

Dashera Havan, Sunday October 17

Dashera Havan will take place Sunday October 17, beginning at 7:00pm. After the Havan we will have Garba, Raas, Aarti and Dinner. The cost of this event is \$3.00 per person, children under 12 are free.

Sharad Purnima, Saturday October 23

Sharad Purnima Garba, Raas, Aarti and Dinner will take place on Saturday October 23 from 7:00pm. The cost of this event is \$3.00 per person, children under 12 are free.

We need sponsors for every day and volunteers to bring Prasad.

Should you have any questions, please contact Bharti Noticewala at 513-563-2007, or email bnoticewala@gmail.com, or feel free to contact any other committee members.



NAVRATRI 2010

GARBA & RASS

Organized By The Hindu Society of Greater Cincinnati and
Ankur Gujarati Samaj
Featuring

KHELAIYA FROM BOLLYWOOD

Piyush Shah and Rupals Doshi Shah

October 8-9 Cincinnati Mills Mall Forest Park
October 15-16 I-275, Exit # 39 – Gilmore Road
8p.m. to 1a.m. Follow Sign Parking Garage Entrance #3
Price: Weekend Pass \$16.00; Per Day \$10.00

October 10-14 Hindu Temple of Greater Cincinnati
8p.m. to 10p.m. 4920 Klatte Road; Cincinnati, OH 45244
513-528-3714

October 15 Ashtmi Havan at Temple
5p.m.

October 17 Dasera Havan and Garba at Temple
5p.m. to 10p.m.

****Sponsorship will be Appreciated! All proceeds go to
Hindu Temple of Greater Cincinnati**



Asian Community Health Fair

*at Ankur Gujarati Samaj
Sunday, October 24, 2010
3:00pm -7:00pm*

- Community Physicians, Nurses, Pharmacists, and Students will be checking: blood pressures, body weight, height, body mass index, do finger stick blood sugars, and if possible, finger stick cholesterol checks. All tests will be done in a manner to ensure patient privacy and confidentiality.
- If there are any abnormalities, the Ankur Health Care Committee will give references to our members to pursue better health at medical offices.
- We will have experienced community physicians discussing Coronary Artery Disease, Diabetes, Hypertension, High Cholesterol, Issues related to the Elderly, Preventative Health Care Guidelines, and Healthy Nutritional and Exercise Lifestyles.
- During the Health Fair, healthy snack food options, that are specific to the Asian culture, will be served. There will also be boxed healthy meals to take home! Evite to follow.

Plan on attending this informative and FREE event!

Let's take care of the health of our families, and our community!



*Ankur Gujarati Samaj
And
The Hindu Society of Greater Cincinnati*

Invite you to celebrate

Diwali 2010

Saturday, November 6th

Social Hour and Dinner - 5:00 pm onwards

Cultural Program – 8:00 pm

Mason High School

6100 Mason-Montgomery Rd.

Mason, Ohio 45040, Warren County

Ticket Sales Contact:

Mr. Anami Patel (513) 745 – 9061
anamip@gmail.com

Mr. Deepak Dixit (513) 769 – 3556
dndixit@hotmail.com

Mr. Raneshwar Gupta (513) 232-3331
rgupta@tapohio.com

Tickets: \$20.00 per person

Please make all checks payable to “Ankur Gujarati Samaj”

Includes Dinner and One Assigned Seat for the Program

Children under 5 years of age will have dinner for free, but will not have an assigned seat.

The Diwali Function has been sold-out in the past, so buy your tickets soon!

Tickets are available by phone, email, and at Ankur, or Hindu Temple on
Sundays, beginning October 1st 2010.

Tickets also available at Ankur on Oct. 31, from 2-4pm at Ankur Building

Come and Enjoy the Festival of Lights!!!

*Please note that new entries for the Diwali Cultural Program will no longer be accepted.
In the case accepted entries are withdrawn, they may be replaced from entries on the
waiting list.*



Mid-West FOGANA 2011

Coming to a Cincinnati auditorium near you!!

Many of us, either as participants or friends and family of the participants, have enjoyed the fun and festivities of Mid-West FOGANA competitions as an annual tradition, and enjoyed the hospitality of many Mid-West cities. Many times we have moved on to the National Championships, bringing pride and glory to our home town community. The participants, the majority of them our children, have cultivated fine friendships, an appreciation for our culture, nifty dance moves, many happy memories, and we have enjoyed lovely dances true to our cultural heritage. The last time Ankur Gujarati Samaj had hosted this event was in 1996, and it was spectacularly successful! Now we have the pride and the privilege to do it all over again. **Ankur Gujarati Samaj is to host the 2011 FOGANA Mid-West Competition.**

Now that this dream has become a reality, I am both eager and excited to initiate our collective odyssey for hosting the Mid-West FOGANA competition in July 2011. The buzz has begun and everybody is excited about this momentous opportunity to showcase our beautiful city and vibrant community by staging a memorable event. With strong community involvement and the help of a multitude of talented, motivated, committed, and experienced folks around us, we will succeed in putting together a grand event that will make our kids, our community, and our city very proud. A lot needs to be done and it is going to take a large and strong team of dedicated volunteers to make it happen.

A small group of people have begun to chart the course for this endeavor. We would like to invite you to join us. Various committees that will benefit from your participation are:

- Finance
- Marketing & Advertising
- Ticketing
- Fund Raising
- Public Relations
- Program Management & Judging
- Stage Management
- Auditorium Management
- Souvenir/Video/Photography
- Hospitality Management
- Food Management

If you have an interest in participating in various stages and roles throughout the execution of this entire event through participation in one or more of the above committees, please send an email to mwfogana2011@gmail.com at your earliest convenience. Please let us know at least three preferences, so we can accommodate your interest as best as possible.

Mehul Parikh
Chairperson, 2011 Cincinnati FOGANA Steering Committee



Ongoing Ankur Activities

Monday – Yoga - Weekly - 7:00pm – 8:30pm



Seasoned yogis, beginners and everyone in between are encouraged to come and learn the benefits of yoga such as increased flexibility, strength, fitness, improved circulation, improved concentration, and reduced stress with teacher Herman Ranpuria. As of January 2011 all yoga participants will need to pay membership dues for Ankur Gujarati Samaj. For non members, fees will be \$5 per class and members fee will be \$4 per class. There is no age limit. Please bring your own Yoga Mat. If you have any questions, please feel free to contact Jyoti Mehta at 518-0677. Come experience the benefits of yoga!

Tuesday – Bridge Club - Weekly - 7:00pm - 10:30pm

The Ankur Bridge Club has been going strong for over 12 years, with over 20 people in attendance. Members play duplicate bridge. Enjoy playing this fascinating strategic game. You can come and learn this game and you don't need to have a bridge partner. If you are ready to challenge your brain, join us and have fun! If you have any questions, please contact Hari Budev or Bhupen Joshi.



Wednesday – Pranayama – Weekly – 7:00pm – 8:30pm



Pranayama (breath control) is the deep breathing technique of yoga that works wonders in increasing physical and psychological performance. In Sanskrit Prana means energy or vital force and yama means control. So, in English, this would translate into control of the vital breath. Pranayama essentially involves three things: regulating the breath, controlling the vital force and channelizing the Pranas in the right directions. Come and try this spiritual experience. If you have any questions, please contact Jyoti Hegde.

Wednesday – Once a month - Drop-In Center – Homeless Shelter

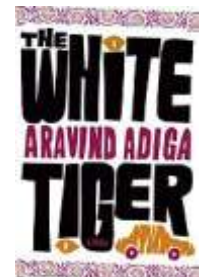


Volunteers take lunch to the Drop-In Center Shelter House the 2nd Wednesday of every month. Lunch is served to over 150 homeless people in the downtown area of Cincinnati. About 10 volunteers divide the duties to make spaghetti, salad and bring bread, bananas, cookies or ice cream to the Drop In Center. Sometimes they make hoagies, sandwiches or buy pizza for lunch. This is a great cause and a perfect way for you to donate on someone's birthday in your own family. If you do have time, please help; money is also useful to buy items if you are not available in person. To help, please contact Julie Desai or Bharti Noticewala.

Thursday – Once a Month – Book Club



The Book Club will not meet in October. In the meantime they will be reading the classic, To Kill a Mockingbird, by Harper Lee and The White Tiger, by Aravind Adiga. The Book Club will meet next in November. If you have any questions, please contact Minal Patel at 234-0569.





Ongoing Ankur Activities

Thursday – Once a Month – “Silver Innings”, a Mixer for our Seniors!

This month, the seniors are invited to join the celebration of the upcoming Indian festivals, shortly after the Dasher and just before the Sharad Poonam. Mark your calendars for Thursday, October 21, at 7:00 PM. Dinner will be provided. Further details, including the location, will be shared through the email and an e-vite. We hope to see you all there!!

Mark Your Calendars Now!

Ankur Gujarati Samaj

General Body Meeting and Elections

**Friday, December 10th, 2010
7:00 pm**

*Come enjoy a December Holiday
Dinner and Party!*

More information to follow in the November Newsletter

Ankur Needs YOU

in 2011!

The Nominating Committee, headed by current Ankur President, Monal Mehta. Members is searching for qualified people who are interested in taking on positions on the 2011 Operating Committee.

Ankur Gujarati Samaj - Membership Dues

Annual Membership - \$35

Life Membership -\$501

Checks are made payable to : **Ankur Gujarati Samaj**

Mail Membership Dues to:

Ankur Gujarati Samaj

9502 Highland Avenue

Cincinnati, Ohio, 45242.

If you wish, you may give your check directly to the Treasurers, Sarla Mody or Rasila Parikh. If this is not possible, give your dues to an Operating Committee member or a Board of Trustees member. All checks will be deposited within 1 month. Do not deposit any checks directly to the bank to ensure proper record keeping.

Email Newsletter

If you would like to receive the E Newsletter, please contact Nandita Sheth at anknewsletter@gmail.com Feel free to forward the newsletter to your friends who are interested in becoming members of Ankur. The newsletter will be sent via email monthly. Your email address will be protected and used for this purpose only and will not be given to others. If you have moved from Cincinnati and would NOT like to receive the newsletter please send an email request to anknewsletter@gmail.com.